**Measures:**

Common metric measures of length, volume and mass:

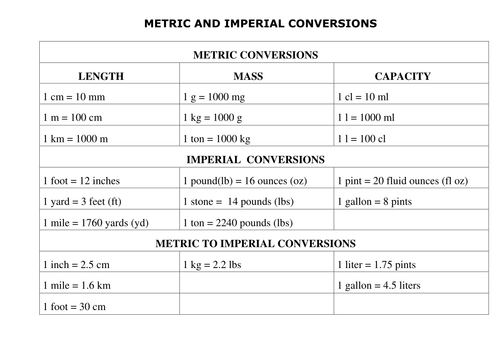
mm, cm, m , km millimetre centimetre metre kilometre

ml L millilitre Litre

g Kg gram kilogram

Imperial units could be miles, inches, gallons, pints, stone, pounds and ounces for example.

Converting:



So, for example: 7.6kg = 7.6kg x 2.2 = 16.72lbs (Pounds)