WEEK 2 MENU

Week Commencing:16/9/19,30/9/19,21/10/19,11/11/

FOOD & Co by sodexo

Monday

Main Course
BBQ Chicken Fillet

Vegetarian
Cheese & tomato omelette

Garden Peas & Carrots, Wedges or Salad Pot/penne pasta

Jacket Potato
Cheese, Tuna or Beans

Sandwich Wedge

Cheese, Ham, Tuna, Egg Mayo

Dessert

Ice Cream

Fresh Fruit Pot, or Jelly Pot

Tuesday

Main Course
Mild Chilli Con Carne with Rice

Vegetarian
BBQ Vegetable Pizza

Green Beans, Carrots and Herby Potatoes or salad pot/penne pasta

Jacket Potato
Cheese, Tuna or Beans

Sandwich Wrap*

Cheese, Ham, Tuna, Egg Mayo

Dessert

Shortbread Biscuit

Fresh Fruit Pot, Jelly Pot or Yogurt

Sandwich Wedge available by request

Wednesday

Main Course
Roast Gammon & Stuffing

Vegetarian
Roasted Quorn Fillet

Mixed Vegetables, Broccoli and Roasted Potatoes or salad pot/penne pasta

Jacket Potato
Cheese, Tuna or Beans

Sandwich Bap*

Cheese, Tuna, Ham, Egg Mayo

Dessert

Vanilla Sponge & Sauce

Fresh Fruit, jelly pot or Yoghurt

Sandwich Wedge available by request

Thursday

Main Course
Chicken Curry & Rice

Vegetarian
Tomato and Mushroom Pasta

Peas and Sweetcorn or salad pot/penne pasta

Jacket Potato
Cheese, Tuna or Beans

Sandwich Baguette*

Cheese, Tuna, Ham, Egg Mayo

Dessert

Raspberry Delight

Fresh Fruit Pot, Jelly Pot or Yogurt

Sandwich Wedge available by request

Friday

Main Course
Fish Fillet & chips

Vegetarian
Spicy Quorn Wrap

Oven Baked Chips, Garden Peas and Baked Beans or salad pot/penne pasta

Jacket Potato
Cheese, Tuna or Beans

Sandwich Wedge

Cheese, Tuna, Ham, Egg Mayo

Dessert

Iced Finger Rolls

Fresh Fruit Pot, or

Allergy information is available on request