

2nd May 2017

Dear Parents/Carers

HEAD LICE

Recently, there have been a few cases of head lice in school. It is important that you look through your child's hair this evening. Treat if necessary straight away either by using the wet comb method below or you can speak to your local pharmacy about treatments and products and how to use them.

It is VITAL that you check the whole family as head lice spread very easily through head-to-head contact, it does not make any difference whether hair is long or short, clean or dirty. Please continue to check your family's hair on a daily basis and if lice are found, continue to treat. Please keep long hair tied back.

Wet Comb Treatment - Combing with a head lice comb & conditioner.

Special head lice combs are inexpensive and are available at most pharmacies. Comb the hair in the normal way every day and follow the wet combing method at least twice a week.

- Wash hair and leave wet, but not dripping
- Massage a generous amount of conditioner into the hair
- Comb hair to get rid of any tangles
- Use a head lice comb to comb through the hair in sections
- Comb from the roots, ensuring that the comb touches the scalp to hair end
- Any lice found should be removed after each stroke of the comb by wiping the comb on a clean tissue
- Finish combing, rinse and dry hair in the normal way.

Head Lice – how to spot them.

Adult lice live close to the scalp and are pale in colour, the size of a sesame seed. Eggs are cream/brown in colour and the size of a sugar grain. Nits are empty cases, white in colour and stick to the hair. Head lice do not cause any serious health problems, but if left untreated the lice will cause the scalp to itch and the lice may be passed on to other people.

Thank you for your cooperation.



Paul Quinn
Principal